

# 2008-2009 Assessment Plan Report

# PROGRAM ASSESSMENT REPORT-SERVICE UNITS AY 2008-2009

**Report Date:** June 1, 2009

**Division/Office:** University Life

**Department/Program:** Recreational Sports

**Person completing the Report:** Chuck White

- 1. **Overview Statement**: Briefly summarize the assessment activities that were undertaken this academic year, indicating:
  - a. 1) Which program learning outcomes were assessed this year?
  - b. 2) Who in your department/program was involved in the assessment of the above learning outcomes: CPR/AED and related Workshops were assessed:
    - All of the Learning outcomes that are applicable to the Certification Workshops for CPR/AED that are required for employment within the Recreational Sports Department plus additional certification workshops in related fields. The skill sets assessed where the cognizant and physical requirement necessary to successfully pass a a practical examination and perform the physical skills necessary for certified in CPR and AED. The Certification Workshop Professional. This is an outside contractor. The workshops are coordinated by Shanie Chambers, the Fitness Wellness Director.
    - All Outdoor Adventure Trips were assessed on Multicultural Awareness, Skill improvement/knowledge of activity, and social interaction. Mike Kelly, the Intramural/Outdoor Adventure director was the supervisor.

**Goal 1** To develop an increase in students self confidence:

1A.Students will be able to demonstrate specific skill/skill-sets from those activities that are comprehensive in nature.

1B. Students will exhibit self-confidence by participating in RSD programs

- 2. Please Answers the Following Questions for Each of the Student Outcomes Assessed:
  - a. What did you do?

Describe clearly and concisely how you assessed the learning outcomes that were evaluated this year

CPR/AED Certification Workshops including First Aid; HCP3, and Pediatric were assessed for leaning out comes based on the National Requirements required to successfully pass the specific workshop: these

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#### criteria included but were not limited to:

- All participants are required to attend a 4-8 hours workshops required for National certification,
- All Participants are required to successful demonstrate the proper techniques and skill-sets required for each certification
- All participants are required to pass a practical examination under the supervision of the examiner all aspects required for the specific certification
- Records are kept on each participant with Certification Cards issued to those who successful pass all phases of the workshop/s.
- These workshops are required of all nursing students
- The certifications totaled 190 participants, broken down into: 49 Adult CPR, 32 AED, 106 Health Care Provider 3 (All Nursing Students must pass this certification. This is the only CPR certification program accepted by the Nursing Department for their majors prior to attending their clinical assignments.) The School of Education requires that all their students upon graduations must be current in CPR, including instant child skills.
- Every participant is required to pass their respective workshop: There is a 100% pass rate in these programs.

# **Outdoor Adventure Trips:**

All participants were asked to fill out an evaluations of the event immediately after participating in that event: The evaluations included learning outcomes related to Multicultural Awareness, Skill of the Activity, Knowledge of the Activity, and Social Interaction: **From your participation in today's activity do you feel it has increased you**: Social Interaction/Awareness; Knowledge of the activity; Skills of the Activity; Multi-cultural Awareness; the responses to select were "**Strongly Agree, Agree, Neutral.** There were a total of 381 participants with 290 completed evaluations.

	Strongly Agree	<u>Agree</u>	<u>Neutral</u>
Increased Knowledge of the Activity:	178	85	26
Increased Skills of the Activity	178	81	31
Increased Multi-Cultural Awareness	114	76	99
Increased Social Interaction	152	93	45

#### b. What did the staff in the department or program learn?

Summarize your findings and conclusions as a result of the assessment indicating strengths and weaknesses in student learning demonstrated by this assessment.

All participants who have passed the certification examinations have proven to be able to respond and utilize the skill sets learned. Based on verbal interviews, participants have stated that they have confidence to respond and use the skills



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learned from the workshops. As evidence, historically there have been multiple heart attacks with in Koret over the past 20 years. All staff (certification is required before employment) have demonstrated under stress/duress that they are able to perform their learned skill-sets successfully.

Outdoor Adventure Activities has also had similar verbal responses after participating in one of the programs. This is reflected in the assessment that their skill levels have improved which can be directly correlated to more confidence and thus more involvement in that program. This is reflected in the survey of wanting to or continuing to have further participation in that activity.

# c. What will be done differently as a result of what was learned?

Discuss how programs will be changed to improve student learning as a result of the assessment. Include a discussion of how staff will help students overcome their weaknesses and improve their strengths.

Certification Workshops and examinations will be continued as a requirement for employment within the recreational sports department and to meet the student requirements for the School of Nursing and the School of Education. Outdoor Adventure Activities as in provides an excellent venue for students to enhance skill sets, learn new activities, increase social awareness and interaction and are valuable in contributing to the retention of students.

Outdoor Adventure trips will be amended per student input/interest and participation numbers. These changes will not affect leaning outcomes. However, minor changes will be made in the event per suggestions by participants such as: have trips last longer, leave earlier, advise students on what type of clothing to wear, bring snacks, smaller groups, more efficient trip planning, have more trips, etc.

# 3. Attach a copy of the components of the department/program assessment plan that have been modified since its initial submission:

- a. Program Mission
- b. Program Learning Goals
- c. Program Learning Outcomes
- d. Program Learning Rubrics aligned with outcomes
- e. Curriculum map that shows the programs that pertain to the outcome

Please return to: Provost Office by June 1, 2009

You can send your replies as either a Word attachment (to: <a href="marin@usfca.edu">marin@usfca.edu</a>) or as a hard copy to: Provost Office, Lone Mountain Rossi Wing 4<sup>th</sup> floor.



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If you have any questions, please contact: William Murry, Director of Institutional Assessment (<u>wmurry@usfca.edu</u> or x5486).