

Juliene Grace P. Fresnedi, PsyD

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Education**University of San Francisco*****Clinical Psychology Doctorate (PsyD)c***

Masters in Science Clinical Psychology (MS), APA Accredited Psy.D. Program 2017- 2023

- Cultural Diversity Scholar designee
- Recipient of the New Incoming Graduate Student Scholarship
- Received a “Pass with Distinction” designation for Clinical Dissertation: “Understanding Filipino Wellness: An Investigation into the Effects of Colonial Mentality and Enculturation.”

University of San Francisco***Bachelor of Arts in Psychology, Magna cum laude***

2012 - 2015

- Member: Delta Alpha Phi Honors Society (an honors society dedicated to the welfare and achievement of students with disabilities) and the National Collegiate Scholars Society

United World College of Southeast Asia (Singapore)***High School Graduate, International Baccalaureate Diploma***

2008 – 2012

Clinical Experience**University of California Berkeley Counseling, Postdoctoral Fellow July 2023 – Present**

- Provides university counseling services and consultation to members of the University of California, Berkeley community, inclusive of staff, students, and third-party contacts.
 - Conduct individual one-at-a-time sessions
 - Provide individual short-term and long-term therapy
 - Provide couples therapy short-term and one-at-a-time format
 - Complete documentation and scheduling using Point and Click (PnC)
 - Serve as a member of weekly multidisciplinary case conferences, and monthly meetings with the outreach committee, and couples consultation group
 - UC Center of Mental Health Innovation Apprenticeship involving developing accessible and creative psychoeducational resources for all members of the Berkeley community, and helping bridge communication between students and student mental health

University of Oregon, Psychology Doctoral Intern

August 2022 – July 2023

- Provides university counseling services to members of the University of Oregon community, inclusive of staff and students
 - Conducted individual clinical consultations weekly
 - Provided individual and process-oriented group therapy
 - Provided supervision to practicum trainees weekly

- Evaluated and interpreted individual assessment measures (CCAPS)
- Completed documentation in Titanium
- Hosted weekly individual drop-in hours for “Let’s Talk” within the Center of Multicultural Academic Excellence and the Multicultural Center
- Provide psychoeducation and regularly conduct outreach workshops and presentations to members of the community
- Serve as a member of a weekly multidisciplinary Clinical Disposition Team inclusive of case managers, social workers, medical staff, and other licensed clinicians.
- Outreach and Multicultural Rotation involving increased hours focused on outreach-related activities and collaborating/researching culturally responsive therapy for working with diverse clients

Community Youth Center Psychology Trainee

August 2020 – June 2022

Provided school-based services and assessments to Medi-Cal clients and Asian and Pacific Islander-identified youth.

- Conducted assessments (Beck Youth Inventory (BYI); Child and Adolescents Needs and Strengths Assessment (CANS)).
- Completed documentation in Avatar.
- Collaborated with SFUSD Wellness Center Staff as well as a multidisciplinary team of MFTs, and other PsyD trainees.
- Provided psychoeducation through video presentations and self-drawn infographics

Institute On Aging Psychology Trainee

July 2019 - June 2020

Collaborated with a multidisciplinary team to coordinate the care of older adults and dependents with disabilities in San Francisco.

- Attended and consultation provided as a psychology representative in weekly care planning meetings.
- Maintained consistent communication with social workers and care managers regarding shared clients.
- Coordination and creation of treatment plans using a range of different theoretical techniques.
- Attended weekly individual and group supervision.
- Provided individual therapy both in the office and during home visits.
- Regularly used brief assessments inclusive of the MMSE, MOCA, BDI, BAI, GAD-7, GDS, GAS, and PHQ-9.
- Gained experience volunteering in a milieu therapy setting with patients of varying levels of cognitive impairment.
- Facilitated a caseload of 6 – 8 weekly individual clients.

Star Vista Insights Trainee

2018 - Present

Worked with an inter-professional team dedicated to counseling adolescents with three primary referrals: probation, substance abuse, and other mental health concerns.

- Consistently coordinated communication between probation officers, parents, and guardians.
- Maintained all administrative duties including billing and regular updating of client progress notes.
- Created treatment plans collaboratively with the client within 30 days.

- Certified to conduct a Child and Adolescent Needs and Strength Assessment (CANS)
- Completed an Educationally Related Mental Health Services Assessment (Assessments used included: BIY, HTPP, TAT, and RISB)
- Attended supervision in both a group and individual setting.
- Facilitated a caseload of up to 10 clients and one boy's group (containing 3 – 10 individuals).

Work Experience

Sexuality and Gender Issues in Therapy Teaching Assistant January 2021 – June 2021

- Presently serves as the academic assistant for the Masters-Level Counseling Psychology course “Sexuality and Gender Issues in Therapy”
 - Maintain and updates the online classroom web page (CANVAS)
 - Create formal PowerPoint presentations for weekly lectures
 - Research supplemental material for class content
 - Assist students with understanding the material and provide further information

Intellectual Assessment Teaching Assistant January 2020 – June 2020

- Served as an academic assistant for the 1st-year PsyD course “Intellectual Assessment”
 - Assisted the instructor in teaching concepts related to the administration of the WAIS-IV and WISC-V
 - Facilitated the use and maintenance of testing kits
 - Coordinated and assisted students in practicing administering tests
 - Assisted primary instructor in reviewing written reports and checking test protocols
 - Assisted and lead additional assessment training workshops

AcroSports Party Specialist, San Francisco 2015 – June 2020

- Worked collaboratively with a diverse team to provide unique classes and experiences for over 2,500 students (18 months – 70 years) at a non-profit organization.
 - Maintained communication with families of clients and followed up additional information when required
 - Maintained a highly organized work environment
 - Assisted in the successful coordination of two Cabaret performances as a volunteer
 - Awarded the 2015 “AcroAmbassador Award” and the 2016 “Most Hours Worked Award”

AcroSports Preschool Coach 2016 – June 2020

- Coached children aged 18 months – 5 years old foundational gymnastics and movement skills.
 - Taught classes to groups of children as well as one-on-one
 - Worked with children on the autism spectrum with sensory processing issues, and attended workshops designed to provide specific tools to coaches working with children on the spectrum
 - Communicated to parents the individual progress and success of each student

Student Housing and Residence Education***Community Assistant at USF Residence Halls*****2014 - 2015**

Helped provide both safety and service to the students living within the USF Pedro Arrupe Residence Hall.

- Worked collaboratively with a team of peers
- Utilized basic knowledge of several languages (i.e Mandarin Chinese) to more effectively communicate with International Students
- Managed difficult situations with patience and understanding.

Volunteer Experience**Volunteer, Vincent de Paul Wellness Center, San Francisco****2013**

Volunteered to assist in facilitating groups for individuals struggling with substance abuse.

Co-Head of Pinoy Global Concern at United World College South East Asia 2011 – 2012

- Co-facilitated a group of high school students dedicated to the fundraising for the welfare of underprivileged schools in the Philippines.
Travelled to the target school in Cebu, Philippines to deliver the collected donations, assisted in the painting of the new schoolhouse, and helped teach English to elementary school children.

Research Experience**Mills Cognition Lab****2015 – 2019****Assistant to Dr. Christie Chung**

- Tested participants in a facial recognition study inclusive of male, female, and non-binary faces and participants.
- Conducted MMSE, BEM Sex Role Inventory, Digit Span Task, and Beck Depression Inventory.

Presentations**Continuing Education: Asian American Mental Health at the University of Oregon 2023****Human Behavioural Research Conference at the University of San Francisco****2015**

Fresnedi, J. (2015) *An examination of facial recognition based on Gender Non-Conformity and Sexuality*. Poster presented at the Human Behavioural research conference at the University of San Francisco, California.

Western Psychology Conference for Undergraduate Research **2015**
Fresnedi, J. (2015) *An examination of facial recognition based on Gender Non-Conformity and Sexuality*. Poster presented at the Western Psychology Conference for Undergraduate Research, St. Mary's College, California.

Professional Organizations

American Psychological Association

- American Psychological Association of Graduate Students (APAGS)

Asian American Psychological Association

- Division of Filipino Americans

Clinical Psychology Graduate Student Union, University of San Francisco

Graduate Students of Color Group, University of San Francisco

Additional Skills

- Certifications: CPR (Recertified Fall 2019), First Aid
- Computer Skills: Microsoft Word (Proficient) and Excel
- Languages: English (fluent), Mandarin Chinese (Basic), Tagalog (Conversational)